



**Free Event**



## **Natural Strategies to Reduce Breast Cancer Risk**

**An educational symposium **Saturday**, September 11, 2010**

**Wellington Regional Medical Center Conference Room  
Corner of Forest Hill Blvd & State Road 7/441**

**9:00 AM—1:00 PM**

Speakers include:

**Ann Fonfa**, Patient Advocate, Founder, the Annie Appleseed Project “***Natural Strategies***”

**Paula Holland De Long**, CPCC, ACC “***What’s Next for My Life?***”

**Elke Kappner**, CHt (Certified Clinical Hypnosis and NLP Practitioner) “***Growing Spiritually with Cancer***”

**Toni Muirhead**, LMT, Oncology Massage Professional, Certified Lebed Method Instructor: “***Learning the Healing Touch of Massage***”

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### **Organic and other snacks, Giveaway bags, Book raffle**

Subjects to be covered: **Lifestyle issues—nutrition, exercise, detoxification, mind-body-spirit, dietary supplements, herbs, healthy cleaning products, and more.**

**Corporate partners: Mushroom Wisdom, American BioSciences, Inc., Quality of Life Labs, Raw Revolution Bars,**

**Cosponsors: The Annie Appleseed Project and Your Bosom Buddies II, Inc.  
(561) 422-6034 to REGISTER**